

Contribution of PET imaging to radiotherapy planning and monitoring in glioma patients - a report of the PET/RANO group

^{1,2,3}Norbert Galldiks, ^{4,5}Maximilian Niyazi, ⁶Anca L. Grosu, ^{2,7}Martin Kocher, ^{2,3,8}Karl-Josef Langen, ⁹Ian Law, ^{10,11}Giuseppe Minniti, ¹²Michelle M. Kim, ¹³Christina Tsien, ¹⁴Frederic Dhermain, ¹⁵Riccardo Soffietti, ^{16,17}Minesh P. Mehta, ¹⁸Michael Weller, and ^{5,19}Jörg-Christian Tonn

¹*Dept. of Neurology, Faculty of Medicine and University Hospital Cologne, University of Cologne, Germany*

²*Inst. of Neuroscience and Medicine (INM-3, -4), Research Center Juelich, Juelich, Germany*

³*Center for Integrated Oncology (CIO), Universities of Aachen, Bonn, Cologne, and Düsseldorf, Germany*

⁴*Dept. of Radiation Oncology, University Hospital, LMU Munich, Munich, Germany*

⁵*German Cancer Consortium (DKTK), Partner Site Munich, Munich, Germany*

⁶*Dept. of Radiation Oncology, University Hospital Freiburg, Freiburg, Germany*

⁷*Dept. of Stereotaxy and Functional Neurosurgery, Faculty of Medicine and University Hospital Cologne, University of Cologne, Germany*

⁸*Dept. of Nuclear Medicine, University Hospital RWTH Aachen, Aachen, Germany*

⁹*Dept. of Clinical Physiology, Nuclear Medicine and PET, University Hospital Copenhagen, Copenhagen, Denmark*

¹⁰*Dept. of Medicine, Surgery and Neuroscience, University of Siena, Siena, Italy*

¹¹*IRCCS Istituto Neurologico Mediterraneo Neuromed, Pozzilli, Italy*

¹²*Dept. of Radiation Oncology, University of Michigan, Ann Arbor, Michigan*

¹³*Dept. of Radiation Oncology and Molecular Radiation Sciences, Johns Hopkins Medicine, Baltimore*

¹⁴*Dept. of Radiation Therapy, Institut de Cancerologie Gustave Roussy, Villejuif, France*

¹⁵*Dept. of Neuro-Oncology, University and City of Health and Science Hospital, Turin, Italy*

¹⁶*Dept. of Radiation Oncology, Miami Cancer Institute, Baptist Health South Florida, Miami*

¹⁷*Herbert Wertheim College of Medicine, Florida International University, Miami*

¹⁸*Dept. of Neurology & Brain Tumor Center, University Hospital and University of Zurich, Zurich, Switzerland*

¹⁹*Dept. of Neurosurgery, University Hospital, LMU Munich, Munich, Germany*

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Correspondence:

Norbert Galldiks, M.D.

Institute of Neuroscience and Medicine (INM-3), Research Center Juelich, Leo-Brandt-St. 5, 52425 Juelich, Germany

Phone: +49-2461-61-9324, FAX: +49-2461-61-1518

Email: n.galldiks@fz-juelich.de and Dept. of Neurology, University Hospital Cologne, Kerpener St. 62, 50937 Cologne, Germany

Phone: +49-221-478-86124, FAX: +49-221-478-5669

Email: norbert.galldiks@uk-koeln.de

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ABSTRACT

The management of patients with glioma usually requires multimodality treatment including surgery, radiotherapy, and systemic therapy. Accurate neuroimaging plays a central role for radiotherapy planning and follow-up after radiotherapy completion. In order to maximize the radiation dose to the tumor and to minimize toxic effects on the surrounding brain parenchyma, reliable identification of tumor extent and target volume delineation is crucial. The use of PET for radiotherapy planning and monitoring in gliomas has gained considerable interest over the last several years, but Class I data are not yet available. Furthermore, PET has been used after radiotherapy for response assessment and to distinguish tumor progression from pseudoprogression or radiation necrosis. Here, the RANO working group provides a summary of the literature and recommendations for the use of PET imaging for radiotherapy of patients with glioma based on published studies, constituting levels 1-3 evidence according to the Oxford Centre for Evidence-based Medicine.

KEY WORDS

Amino acid PET; FDG; radiation injury; target volume; glioblastoma

IMPORTANCE OF THE STUDY

We summarize published data on PET imaging for radiotherapy planning and monitoring in glioma patients, using the Oxford Centre for Evidence-based Medicine approach of levels 1-3 evidence to provide recommendations for clinical practice.

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INTRODUCTION

Radiotherapy is an indispensable component of glioma treatment^{1,2}. In recent years, substantial technological progress has improved the delivery of radiotherapy, primarily to modulate the therapeutic window in favor of reduced normal tissue complication probability. Techniques such as external beam fractionated stereotactic radiotherapy, radiosurgery, intensity-modulated radiotherapy (IMRT), image-guided radiotherapy, particle therapy, three-dimensional brachytherapy, and intraoperative radiotherapy allow the delivery of radiation with ever increasing precision³. Molecular (biologic) imaging, radiomics, and machine-learning approaches offer the potential to significantly influence clinical decision-making and treatment planning, which could help address whether we have reached a therapeutic ceiling or whether inadequate targeting is responsible for the perceived lack of clinical benefit from dose-escalation beyond 60 Gy³⁻⁵.

Target volume delineation for radiotherapy planning is currently based on CT and MRI. The high spatial resolution of MR imaging allows for accurate anatomic definition. In general, the contrast enhancing region on T1-weighted MRI and the signal abnormality on T2/FLAIR sequences are contoured as putative radiotherapy targets. During the last two decades, biological imaging methods demonstrated improved prognostic capability compared to standard anatomic MRI, with the potential for improving tumor delineation and treatment planning⁵⁻⁷. In particular, beyond the standard, anatomically-defined gross, clinical, and planning target volume (GTV, CTV, and PTV), the introduction of the biological tumor volume (BTv) based on biological imaging techniques³ could result in superior tumor coverage.

A promising method to investigate tumor biology is positron emission tomography (PET). A large variety of PET probes are able to non-invasively target various metabolic and molecular processes. Although research continues into a broad array of tracers, PET with radiolabeled amino acids has been validated as an important diagnostic tool in brain cancer⁷⁻¹⁰. The overexpression of large neutral amino acid transporters in gliomas¹¹ as well as in brain metastases¹² compared to normal brain make these tumors a prime indication for amino acid PET imaging.

In this review, the PET/RANO working group summarizes the available literature and provides evidence-based recommendations for the use of PET imaging for radiotherapy of glioma patients.

SEARCH STRATEGY, SELECTION CRITERIA AND LEVELS OF VALIDATION

A detailed description of search strategy, selection criteria, and levels of validation of the published literature is presented in the Supplemental Material.

OVERVIEW ON PET TRACERS

The PET tracer most commonly used in oncological diagnostics is [¹⁸F]-2-fluoro-2-deoxy-D-glucose (FDG). In the brain, the high glucose metabolism decreases the precision of tumor delineation; therefore, the value of FDG PET in radiotherapy planning is severely limited. In contrast to FDG, radiolabeled amino acids exhibit low uptake in normal brain, permitting brain tumor visualization with a high tumor-to-background signal. Commonly used amino acid tracers are [¹¹C-methyl]-L-methionine (MET), O-(2-[¹⁸F]-fluoroethyl)-L-tyrosine (FET), 3,4-dihydroxy-6-[¹⁸F]-fluoro-L-phenylalanine (FDOPA), α-[¹¹C]-methyl-L-tryptophan

(AMT), or anti-1-amino-3- ^{18}F fluorocyclobutane-1-carboxylic acid (FACBC or fluciclovine)⁹. An important feature of these tracers is their ability to cross the intact blood-brain barrier via the transport system L for large neutral amino acids, allowing for visualization of tumor extent beyond contrast enhancement on MRI. This makes these tracers particularly suitable for radiotherapy planning. In contrast to amino acid tracers and FDG, the proliferation marker 3'-deoxy-3'- ^{18}F fluorothymidine (FLT) is not adequately able to pass the intact blood-brain barrier and usually accumulates only in portions of the tumor where the blood-brain barrier has already been disrupted, a region very similar to that observed on contrast enhancement on MRI¹³. Similarly, ^{11}C choline or ^{18}F fluorocholine as markers of cell membrane phospholipids in brain tumors can only detect tumor in disrupted blood-brain barrier areas and are therefore less suitable for the delineation of tumor extent⁹. An important approach is to investigate intratumoral hypoxia using PET tracers such as ^{18}F fluoromisonidazole (FMISO)¹⁴. This could be useful for volume-selective tumor dose-intensification, aiming to deliver higher radiation dose to hypoxic subvolumes in order to overcome hypoxia-induced radioresistance¹⁵. Another promising target for brain tumor imaging is the mitochondrial translocator protein (TSPO), which is strongly expressed in gliomas¹⁶. Accumulation of TSPO ligands might extend beyond the tumor margins on amino acid PET and indicate an infiltration zone with activated microglia showing further tumor spread¹⁷. However, the importance of this method for radiotherapy planning has not yet been established.

APPLICATIONS OF PET IMAGING FOR RADIOTHERAPY

Target Delineation

Conventional MRI sequences are limited in their ability to differentiate between edema, non-enhancing tumor and infiltrating, enhancing tumor in gliomas, and inadequately assessing tumor margins in non-enhancing gliomas. For PET, a number of studies have correlated histological findings with amino acid accumulation and provide evidence that amino acids detect the solid mass of gliomas and metabolically active tumor more reliably than conventional MRI¹⁸⁻²³. Therefore, amino acid PET is a highly valuable tool for target delineation. A previous PET/RANO report⁷ proposed that the delineation of the BTV using amino acid PET might more accurately disclose the true tumor volume beyond that visualized by conventional MRI (**Figure 1**). These biologically active tumor subvolumes could allow for adequate treatment and/or boosting of the high-risk tumor subregions⁷. Conventional FDG PET, with its poor tumor-to-background contrast and high glucose utilization within the healthy brain parenchyma is inadequate for these purposes²⁴.

MET PET

Several studies compared MR and MET PET images for target volume delineation²⁵⁻²⁷ and reported that in the majority of glioma patients the region of MET uptake was larger than that of the contrast enhancement implying the possibility that biologically active disease might extend considerably beyond the visualized enhancement on MRI. Additionally, various studies suggested that pre-radiotherapy MET PET could identify areas at highest risk for glioma recurrence following radiotherapy²⁸⁻³⁰. Moreover, the higher sensitivity and specificity of MET for neoplastic tissue has been demonstrated in imaging studies including histological confirmation^{18,31}.

The actual clinical value of such information can be assessed once radiotherapy trials are performed wherein such areas are selectively dose-intensified and local relapse within them is consequentially eliminated.

FET PET

A prospective trial reported significant discordance in size and location between contrast enhancement on MRI and FET PET³². In more than 30% of cases, FET uptake extended at least 20 mm beyond the margin of contrast enhancement. A subsequent study reported that FET PET-based BTVs were significantly larger than corresponding GTVs based on contrast-enhanced MRI³³. In more than half of the patients, there were major volumetric discordances. More recent studies confirmed these observations^{34,35}. Moreover, another study reported that the spatial congruence of MRI and FET PET for the identification of glioma GTVs was poor (mean uniformity index, 0.39)³⁶. Alarming, MRI-based PTVs missed 17% of FET PET-based GTVs. Accordingly, a low spatial similarity between contrast-enhanced MRI volumes and FET PET-based BTVs has also been described³⁵. A more recent prospective trial in patients with WHO grade III or IV glioma reported that in approximately 90% of patients that the FET PET-positive volume would be included within a CTV based on contrast-enhanced MRI with a 20-mm margin³⁷.

Similarly, in non-enhancing gliomas volumetric analyses showed that CTVs defined on MRI were significantly smaller than BTVs based on FET PET³⁸.

Regarding the comparability of FET with other amino acid PET tracers such as MET in terms of GTV delineation, 29 glioma patients were prospectively evaluated³⁹. This

study suggested that the GTV delineation can be enabled using MET and FET PET with a high likelihood of correlation, indicating that MET PET and FET PET yield comparable target volumes. Similar to MET PET, the higher sensitivity and specificity of radiolabeled amino acid FET for tumor has also been demonstrated in several studies including validation of imaging findings by histology^{19,22,23,40,41}.

Therefore, the consistent findings in the FET PET and the MET PET imaging trials is that the BTVs are larger than the contrast-enhanced MR GTVs, and that once the MR GTVs are expanded by an approximate 20 mm CTV margin, almost 90% of BTVs are subsumed within these CTVs. Thus, BTVs could well represent both the true extent of the volume and target at greatest risk of relapse and could therefore be considered as a testable hypothesis in a randomized trial. For example, a recent study reported that a 1.5 cm margin on FET PET-based BTV and MR-based GTV yielded equivalent results according to recurrence patterns compared to classical 2 cm margins while significantly reducing dose exposure to healthy brain parenchyma⁴². Secondly, a recent study demonstrated improved survival in GBM when the resection was extended beyond the area of enhancement into the T2/FLAIR abnormality⁴³, laying the background for not restricting surgical and radiotherapy target contours to only the contrast-enhanced portion identified on MRI. On the other hand, larger lesions, especially those adjacent to eloquent cortex or critical white matter pathways, should be evaluated with caution. The potential for acute toxicity associated with radiotherapy increases substantially for larger lesions⁴⁴.

FDOPA PET

Similar to MET PET and FET PET, initial studies have also suggested that in glioma patients radiotherapy target volumes delineated by FDOPA are larger than the extent of contrast enhancement on MRI^{20,45}. In comparison to MET and FET, FDOPA seems to be comparable in terms of delineation of tumor extent^{46,47}.

- The most frequently used radiolabeled amino acids MET, FET, and FDOPA may improve the delineation of radiotherapy target volumes beyond conventional MRI and identify additional tumor parts that should be targeted by irradiation (evidence level 2).

The Prognostic Value of PET Prior to Radiotherapy

The potential of PET as a prognostic biomarker has been evaluated in several studies. Static amino acid PET parameters such as the postoperative BTV as a measure of the active tumor burden are prognostic in patients with newly diagnosed or relapsed glioblastoma. In particular, a smaller FET PET BTV appears to be a favorable prognostic imaging biomarker for progression-free and overall survival in multivariate analyses, independent of MGMT methylation promoter status, clinical performance status, and age^{34,48}. Additionally, dynamic FET PET parameters (e.g., time-to-peak values) prior to re-irradiation also seem to carry prognostic value^{49,50}. A recent randomized phase II trial failed to demonstrate prolongation of overall survival from the addition of re-irradiation to bevacizumab⁵¹. This trial utilized conventional contrast-enhanced MR imaging for contouring and whether BTV-driven re-irradiation could prolong overall survival remains an unanswered question.

Similar to amino acid PET, in patients with newly diagnosed WHO grade III or IV glioma, increased metabolic activity on FDG PET prior to radiotherapy has also been significantly associated with worse outcome^{52,53}. Increased metabolic activity on FDG PET after completion of first-line radiotherapy also portends an unfavorable outcome^{54,55}.

- Both the BTV derived from static amino acid PET as well as the dynamic analysis of FET uptake provide helpful prognostic information in glioblastoma patients prior to radiotherapy. Similar to amino acid PET, FDG PET provides also valuable prognostic information (evidence level 2).

PET-based Radiotherapy in Patients with Newly Diagnosed Glioma

The concept of "dose-painting" radiotherapy, in which heterogeneous delivery of radiation to a target volume is defined by functional or molecular imaging, has been tested in newly diagnosed glioma patients. In a prospective phase II trial, 22 glioblastoma patients received postoperative temozolomide chemoradiation using integrated boost IMRT with FET-PET-adapted local dose escalation⁵⁶. Overall survival of the entire cohort was 14.8 months, and the progression-free survival was 7.8 months, neither of which provided a signal of improved local control. Acute and late toxicity were not increased indicating that dose escalation in glioblastoma patients beyond 60 Gy is feasible⁵⁶. This was confirmed by a more recent FDOPA PET study⁵⁷. A larger, single-institution study using FDOPA PET for tumor targeting with dose-escalated radiotherapy in newly diagnosed glioblastoma is ongoing⁵⁸. For MET PET, prospective studies reported that radiation dose escalation to

metabolically hyperactive foci in newly diagnosed glioblastoma patients is feasible and safe, with a median overall survival of 20 months^{29,59,60}.

- PET-based dose-painting in newly diagnosed glioma patients seems to be safe, but only preliminary evidence for a potential benefit has been presented (evidence level 3).

PET-based Re-Irradiation in Patients with Relapsed Glioma

Improved understanding of the tolerance of the brain and its various substructures to irradiation⁶¹, the availability of effective treatment options for symptomatic radiation necrosis⁶², and the substantial advances in radiation technology and neuroimaging^{5,9}, and the modest activity of current systemic therapies⁶³ have led to growing consideration of re-irradiation of patients with relapsed glioma^{64,65}. Target volume definition in these patients is an essential step for radiotherapy planning. However, there are two main problems: (i) the differentiation between relapsed tumor and treatment-related changes such as pseudoprogression or radiation necrosis, and (ii) the precise delineation of tumor extent in order to minimize irradiation of healthy brain.

Generally, the target volume for re-irradiation of glioma relapse is based on conventional MRI. However, the higher sensitivity and specificity of the radiolabeled amino acids FET and MET for neoplastic tissue has been demonstrated in several imaging studies including histological confirmation^{19,22,40,66}. A small number of single center clinical trials have utilized MET PET or FET PET for target volume delineation

for the planning of stereotactic radiotherapy⁶⁷, IMRT⁶⁸, or particle radiotherapy⁶⁹ in patients with recurrent glioma (**Figure 2**). Importantly, a small prospective trial suggested that MET PET-based re-irradiation may lead to improved survival compared with radiotherapy planning based on conventional MRI⁶⁷. Currently, a multicenter phase II trial (GLIAA, NOA-10/ARO 2013-1) is seeking to evaluate whether re-irradiation planning using FET PET improves clinical outcome in patients with recurrent glioblastoma compared to contrast-enhanced MRI⁷⁰.

The majority of studies evaluating the impact of PET for re-irradiation in patients with relapsed glioma have compared conventional MRI sequences with PET images. A question remains whether advanced MRI has sufficient sensitivity and specificity for evaluating glioma extent compared to amino acid PET and if it can be also used for target volume delineation. For example, apparent diffusion coefficient values calculated from diffusion-weighted MRI overlapped only partially with FET PET and contrast-enhanced MRI⁷¹. Nevertheless, the impact of advanced MRI techniques in comparison to amino acid PET warrants further investigation.

- Up to now, there is no clear evidence for a potential benefit of PET-based radiotherapy in patients with recurrent glioma (evidence level 3). Randomized trials are required (and ongoing) to address this question.

Assessment of Response to Radiotherapy

In glioma patients, changes in the size or extent of contrast enhancement on T1-weighted MRI are frequently used for response assessment⁷². Clinical condition, corticosteroid use, and changes of T2- and/or FLAIR-weighted MR signal are also taken in consideration for response assessment^{72,73}. However, treatment-related

effects, especially after radiotherapy, such as pseudoprogression or radiation necrosis, limit the reliability of conventional MRI for response assessment (**Figure 3**).

Several studies reported only a limited value of early post-radiotherapy quantitative FDG PET changes for the assessment of response to radiotherapy, either alone or with concomitant temozolomide^{74,75}. On the other hand, FMISO PET combined with FDG PET provides information on aerobic and anaerobic glycolysis that might be helpful to assess response to radiotherapy⁷⁶.

Early changes of tumor-to-brain FET uptake ratios following chemoradiation with temozolomide in newly diagnosed glioblastoma patients have been shown to be a strong predictor for progression-free and overall survival^{77,78}. In contrast, changes of the volume of contrast enhancement on MRI were not associated with survival.

More recently, Wang and colleagues used MET PET in 18 glioblastoma patients for response assessment to standard chemoradiation with temozolomide⁷⁹. Four weeks after completing chemoradiation, MGMT promotor methylated tumors showed significantly greater reductions of static PET parameters (e.g., tumor/brain ratios). However, in that study these parameters were not correlated with survival. In contrast, a more recent study demonstrated that among 37 newly-diagnosed glioblastoma patients treated in a prospective phase II dose-escalation study with correlative MET PET before and 3 months after chemoradiation that patients with complete metabolic response had superior PFS⁸⁰. On multivariate analysis, a larger metabolic tumor volume 3 months post-chemoradiation was significantly associated with worse PFS, whereas the contrast-enhancing tumor volume on MRI was not.

MET PET was also used in patients with WHO grade II glioma for assessing the response to radiotherapy⁸¹. During long-term follow-up (median time, 33 months), stable or decreasing uptake of MET in the tumor area after radiotherapy compared to the MET PET scan obtained prior to radiotherapy seems to be a favorable sign for a stable clinical course.

- Amino acid PET seems to provide valuable information for radiotherapy response assessment in glioma patients (evidence level 2).

Differentiation of Radiation Injury from Glioma Relapse

Following surgery, radiotherapy, or chemoradiation, neurooncologists are not infrequently confronted with findings on conventional MRI which can be either related to glioma progression or to treatment-related injury. Contrast-enhanced MRI is the cornerstone of brain imaging, but its specificity for the differentiation between blood-brain barrier disturbances related either to the treatment or to tumor progression is low, despite excellent spatial resolution^{9,82}. In clinical routine, the most frequently observable imaging phenomena following radiation or chemoradiation are pseudoprogression and radiation necrosis.

The phenomenon of progressive, radiation- or chemoradiation-induced, enhancing MRI abnormality in glioma patients, with spontaneous improvement without any treatment change, has been termed pseudoprogression⁸³. Pseudoprogression occurs typically within the first 12 weeks after radiotherapy completion^{72,83}, and this time-dependent definition has been incorporated into the criteria defined by the

RANO group⁷². In more detail, RANO criteria state that tumor progression should not be diagnosed radiographically earlier than 12 weeks after completion of chemoradiation with temozolomide, unless new enhancement outside the radiotherapy field occurs or tumor progression has been neuropathologically confirmed. Notwithstanding, some pseudoprogression cases occurring later than 12 weeks have been observed⁸⁴, particularly after chemoradiation using temozolomide in combination with lomustine⁸⁵.

On the other end of the spectrum of radiation injury is radiation necrosis, which is the most important type of delayed toxicity after radiotherapy. In contrast to pseudoprogression, radiation necrosis typically occurs more than 6 months after radiotherapy and can even occur up to several years later⁸⁶. The rate of radiation necrosis following focal radiotherapy may vary considerably (approximately 5-25%) and depends on the irradiated volume, radiation dose, and fractionation scheme^{87,88}, as well as possibly also on concurrently applied therapies such as targeted therapy^{89,90} or immunotherapy using checkpoint inhibitors^{91,92}.

FDG PET provides only moderate additional diagnostic information for distinguishing between relapse and radiation injury, especially due to low specificity^{93,94}. In contrast, FET^{66,84,95-99} or FDOPA PET^{94,100-102} studies have consistently suggested that this differentiation can be obtained with a high diagnostic accuracy between 80-90%. Importantly, parameters derived from dynamic FET PET acquisition may further increase diagnostic accuracy^{95,98,99}. The diagnostic accuracy of MET PET regarding this clinical question is approximately 75%^{93,103}, which is most probably related to the

higher affinity of MET for inflammation¹⁰⁴. Initial PET studies using AMT or FACBC suggest that these tracers may be also of value for the differentiation of radiation injury from relapsing glioma^{105,106}.

Follow-up serial FET PET imaging after 6 months and subsequent examinations following stereotactic brachytherapy using iodine-125 may also be helpful in differentiating between radiation injury and local glioma progression¹⁰⁷.

- In early and late stages after radiotherapy, amino acid PET is useful for the differentiation between local relapse of gliomas and radiation-induced changes with high sensitivity and specificity (evidence level 2).

Use of Artificial Intelligence for Radiotherapy

Over the last few years, the complexity of neuroimaging data generated in glioma patients and the resulting number of imaging parameters have substantially increased. Consequently, a timely and cost-effective evaluation of these data can be pursued by using methods from the field of artificial intelligence, especially machine-learning approaches and radiomics. Most of these methods have been applied to MRI, but PET data are also increasingly being integrated in this process¹⁰⁸.

Tumor segmentation for radiotherapy based on Artificial Intelligence

For radiotherapy target volume definition, a fast and reliable tumor segmentation (i.e., depicting the main tumor compartments such as the necrotic core, contrast-enhancing areas, non-enhancing tumor, and perifocal edema) is a crucial task. Currently, the best-performing segmentation tools rely on conventional MRI using artificial neural networks (especially U-Net type convolutional neural networks), to

achieve considerably high similarity scores of approximately 90%¹⁰⁹. This automated approach has also been applied in FET PET, with slightly lower similarity scores of 82%¹¹⁰.

Differentiation of local relapse from radiation injury using Artificial Intelligence

FET PET radiomics has been used in patients with brain metastases for the differentiation of tumor relapse after radiosurgery from radiation necrosis¹¹¹. Importantly, the highest diagnostic accuracy was achieved by combining FET PET and contrast-enhanced MRI radiomics¹¹¹. Preliminary results suggest that FET PET radiomics is also of value for the detection of pseudoprogression following chemoradiation in glioblastoma patients¹¹².

Prediction of glioma recurrence location after radiotherapy using Artificial Intelligence

Amino acid PET studies have reported only a small spatial overlap between initial radiotracer uptake used for radiotherapy planning and, subsequently, at recurrence^{113,114}. For example, a prospective FET PET study revealed that 63% of the recurrent tumor volume was located outside the initially PET-defined GTV¹¹⁴. Nevertheless, these results have to be interpreted with caution because the recurrent tumor may distort the anatomy of affected brain regions. Consequently, advanced elastic registration algorithms or normalization to a standard brain template are necessary to evaluate the spatial relation to the initial target volumes¹¹⁵.

Furthermore, initial studies suggest that the integration of a machine learning model for radiotherapy planning based on the combined use of MRI and FET PET can

predict the location of the first recurrence with high accuracy and could therefore be helpful for personalized radiation dose escalation¹¹⁶.

- Preliminary data suggest that valuable clinical information for tumor segmentation, the differentiation of actual tumor relapse from radiation injury, and the prediction of the glioma recurrence location can be derived from amino acid PET-based machine learning methods and radiomics (evidence level 3)

LIMITATIONS AND CONCLUSIONS

Although radiotherapy has been established as a standard of care that roughly doubles survival of patients with WHO grade III or IV gliomas, extensive efforts at improving these results further through innovative fractionation regimens, dose-escalation, or alternative radiation delivery techniques have failed to achieve this goal. What has been achieved, though, is a reduction of radiation-associated toxicity as a consequence of refined targeting of radiotherapy. It still is a matter of concern that failure in glioblastoma remains focal in more than 90% of all patients, demonstrating either an intrinsic limitation to the efficacy of conventional radiotherapy, or inaccurate targeting. In this regard, dose-limiting factors and the heterogeneity of glioma subpopulations represent a major challenge. Nevertheless, adequately covering these tumor margins and securing that active tumor does not escape the radiotherapy target volume defined by MRI renders further efforts at better delineating target volumes reasonable. PET seems to be by far the most advanced technique that could hold the potential to detect tumor beyond what is achievable by conventional MRI. The challenge of demonstrating that radiotherapy

planning based on PET is superior to traditional planning either in the first-line, or in the recurrent setting remains unresolved.

While molecular signatures of gliomas are increasingly utilized to select systemic therapies, radiotherapy has changed minimally over the last few decades. Radiation doses and treatment volumes are still largely independent of the increasingly complex biology and heterogeneity of individual gliomas. To date, hardly any predictive biomarker is available that can be used to predict the response of patients to radiotherapy. The increasing availability of advanced functional and molecular imaging such as PET and the potential to use artificial intelligence to better understand the data may help to spatially resolve the biological characteristics of gliomas, which could permit functionally guided dose painting. Additionally, such imaging could provide predictive information for treatment response, which could allow for individually tailored therapies. The authors are aware that PET imaging is not available everywhere, mostly due to restrictions concerning reimbursement. However, the added knowledge and understanding of glioma biology provided within the framework of PET imaging in conjunction with radiotherapy might also help to define and evaluate surrogate parameters provided by refined MRI methods.

However, a limitation for the widespread clinical use especially of amino acid PET for radiotherapy planning and monitoring in glioma patients remains the lack of general approval and reimbursement issues by national insurances. Nevertheless, considerable progress has been made in recent years. For example, the radiolabeled amino acid FET has been approved for brain tumor diagnostics in

Switzerland and France. Additionally, the amino acid PET tracer FDOPA is also approved and available in several other European countries. In the USA, the amino acid FACBC has recently been approved by the FDA for brain tumor imaging. Currently, the number of clinical studies with this tracer is still low, but further efforts are ongoing. Furthermore, in the USA, FDOPA is FDA-approved for Parkinson syndromes and offers the opportunity for off-label use of this tracer for brain tumor diagnostics. In order to convince health insurances to reimburse the costs, our recently published guideline may be of value¹¹⁷. This guideline was developed in close collaboration between SNO/EANO and both the American Society of Nuclear Medicine and Molecular Imaging (SNMMI) and the European Association of Nuclear Medicine (EANM).

In conclusion, in order to improve existing treatment paradigms and to develop novel approaches for the personalization of radiotherapy for gliomas, biological information regarding inter- and intra-individual glioma heterogeneity available through metabolic imaging could prove to be crucial. The biological and imaging characterization of individual gliomas may potentially enable personalized parametrization of mathematical models for tumor control and normal tissue complication probabilities, thereby evolving, evaluating and benchmarking these models with the aim of implementation into the treatment planning process for biology-dependent dose painting.

FUTURE PERSPECTIVE

Recent literature suggests that newer PET ligands targeting the translocator protein (TSPO) might help to distinguish glioma from activated microglia^{118,119}. This might be of importance in distinguishing radiation-induced changes as well as to identify prognostically relevant patterns of biological tumor heterogeneity.

The concept of theranostics is currently being evaluated in prostate cancer and meningioma¹²⁰. By substituting the radionuclide used for diagnostic PET such as [¹⁸F] with a therapeutic radioisotope, typically β -emitters like [¹⁷⁷Lu] or [⁹⁰Y], the same tracer can be used for delivery of radiotherapy. Appropriate combinations of highly tumor-specific ligands with either diagnostic or therapeutic isotopes could pave new avenues for both highly selective imaging and radiotherapy¹²¹.

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FIGURE LEGENDS

Figure 1: Patient with a multifocal IDH-wildtype glioblastoma. The extent of increased FET uptake based on a tumor-to-background threshold of > 1.6 (left image; red contour transferred onto MR images) is considerably larger than the contrast enhancement (middle image) and the extent of the signal hyperintensity on the T2-weighted MR image (right image).

Figure 2: Patient with a progressive IDH-wildtype glioblastoma 12 months after first line chemoradiation with temozolomide (2.0/1.8 Gy x 30 using the radiation technique volumetric modulated arc therapy (VMAT); 60 Gy to the metabolically active occipital lesion, and 54 Gy to the non-enhancing T2 hyperintense parahippocampal lesion). After neuropathological confirmation of multifocal progression using stereotactic biopsy, FET PET was used to define the reirradiation target volume (3.0 Gy x 13; FET PET-based PTV in red). Importantly, the reirradiation target volume based on conventional MRI (MRI-based PTV in yellow) is considerably smaller. VMAT plan (bottom right) with 37.05 Gy (green), 31.2 Gy (light blue), 20 Gy (blue), and 15 Gy (dark blue) isodose lines.

Figure 3: FET PET and conventional MR images of a 67-year-old patient with an IDH-wildtype glioblastoma with methylated MGMT promoter before radiotherapy plus of lomustine-temozolomide chemotherapy (left column). Nine weeks after radiotherapy, conventional MRI suggests tumor progression (right column). In contrast, follow-up FET PET shows a substantial decrease of metabolic activity compared to the baseline scan and is consistent with pseudoprogression. The maximum tumor/brain ratios (TBR) decreased from 5.1 to 3.0 (41%).

Table 1: Diagnostic value of different amino acid tracers compared to MRI

	MET	FET	FDOPA
Value of amino acid PET for radiotherapy target delineation	BTV larger than contrast enhancement in WHO grade III / IV gliomas, validation of imaging findings by histology ^{18,31}	BTV larger than contrast enhancement in WHO grade III / IV gliomas, validation of imaging findings by histology ^{19,22,23,40,41} FET seems to be comparable to MET ³⁹	Preliminary studies suggest that BTV larger than contrast enhancement in WHO grade III / IV gliomas ^{20,45} FDOPA seems to be comparable to MET and FET ^{46,47}
Amino acid PET-based radiotherapy (“dose painting”) in patients with newly diagnosed glioma	Radiation dose escalation to metabolically hyperactive foci in newly diagnosed glioblastoma patients is feasible and safe, with a median OS of 20 months ^{29,59,60}	FET PET-based radiotherapy in newly diagnosed glioblastoma is safe, but OS could not be prolonged ⁵⁶	FDOPA PET-based radiotherapy in WHO grade III / IV gliomas is safe ⁵⁷ a larger FDOPA PET study for tumor targeting with dose-escalated radiotherapy in newly diagnosed glioblastoma is ongoing ⁵⁸
Amino acid PET-based re-irradiation (“dose painting”) in patients with relapsed glioma	MET PET-based re-irradiation may lead to improved OS compared with radiotherapy planning based on conventional MRI ⁶⁷	a prospective multicenter phase II trial is ongoing ⁷⁰	n.a.
Use of amino acid PET for assessment of response to radiotherapy	In contrast to conventional MRI, MET PET parameter reduction post-radiotherapy was significantly associated with a longer PFS ^{80,81}	Superior to conventional MRI; metabolic response to temozolomide chemoradiation predictive for OS ^{77,78}	n.a.
	Higher accuracy than conventional		Higher accuracy than conventional

Differentiation of glioma progression from radiation-induced changes	MRI ^{93,103} , but seems to be lower in comparison to FET ¹⁰³	Higher accuracy than conventional MRI ^{66,84,95-99} dynamic FET PET acquisition may further increase diagnostic accuracy ^{95,98,99}	MRI ^{94,100-102}
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Abbreviations: **BTV** = biological tumor volume; **FDOPA** = 3,4-dihydroxy-6-[¹⁸F]-fluoro-L-phenylalanine; **FET** = O-(2-[¹⁸F]-fluoroethyl)-L-tyrosine; **MET** = [¹¹C-methyl]-L-methionine; **PFS** = progression-free survival; **OS** = overall survival

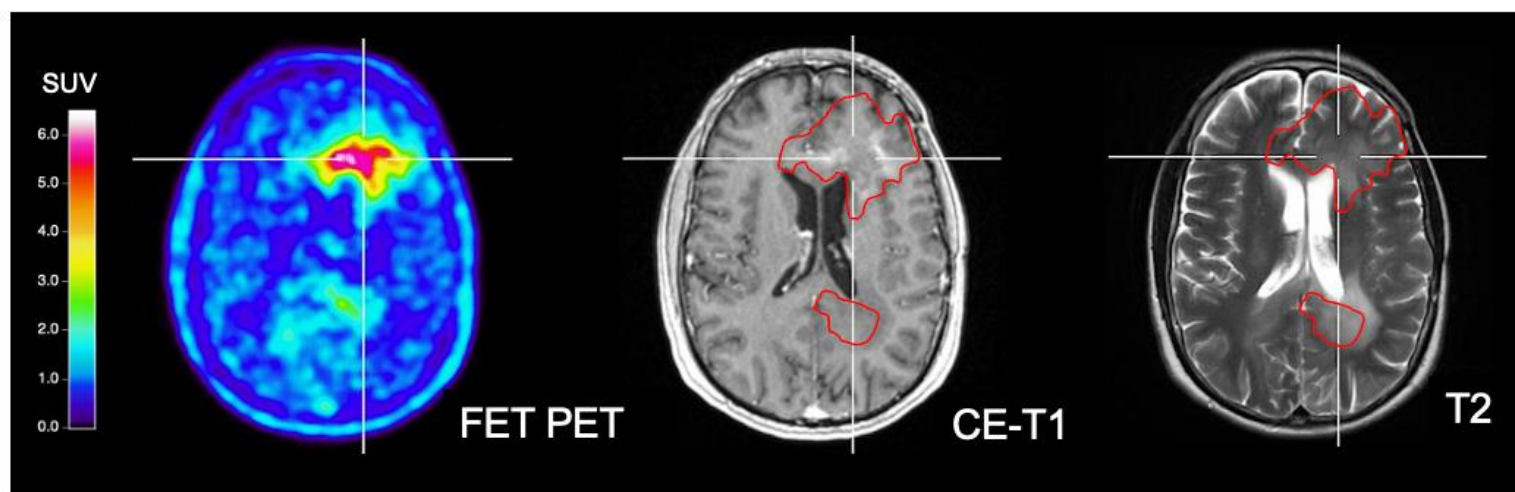
Table 2: Summary of recommendations

	Amino acid PET (MET, FET, FDOPA)	FDG PET	Other PET tracers	Oxford level of evidence
Target delineation for radiotherapy planning	++	-	n.a.	2
Prognostic value of PET prior to radiotherapy	++	++	n.a.	2
PET-based radiotherapy in patients with newly diagnosed gliomas	(++)	n.a.	n.a.	3
PET-based re-irradiation in patients with glioma relapse	(++)	n.a.	n.a.	3
Assessment of response to radiotherapy	++	+	(++)	2
Differentiation of radiation injury from glioma relapse	++*	+	n.a.	2
Use of artificial intelligence for radiotherapy	(++)	n.a.	n.a.	3

++ high diagnostic value; (++) high diagnostic value, but limited data available; + limited diagnostic accuracy; - not helpful; n.a. = only preliminary or no data available; *increased accuracy when using dynamic FET PET

Abbreviations: **FDG** = [¹⁸F]-2-fluoro-2-deoxy-D-glucose; **FDOPA** = 3,4-dihydroxy-6-[¹⁸F]-fluoro-L-phenylalanine; **FET** = O-(2-[¹⁸F]-fluoroethyl)-L-tyrosine; **MET** = [¹¹C-methyl]-L-methionine

Figure 1



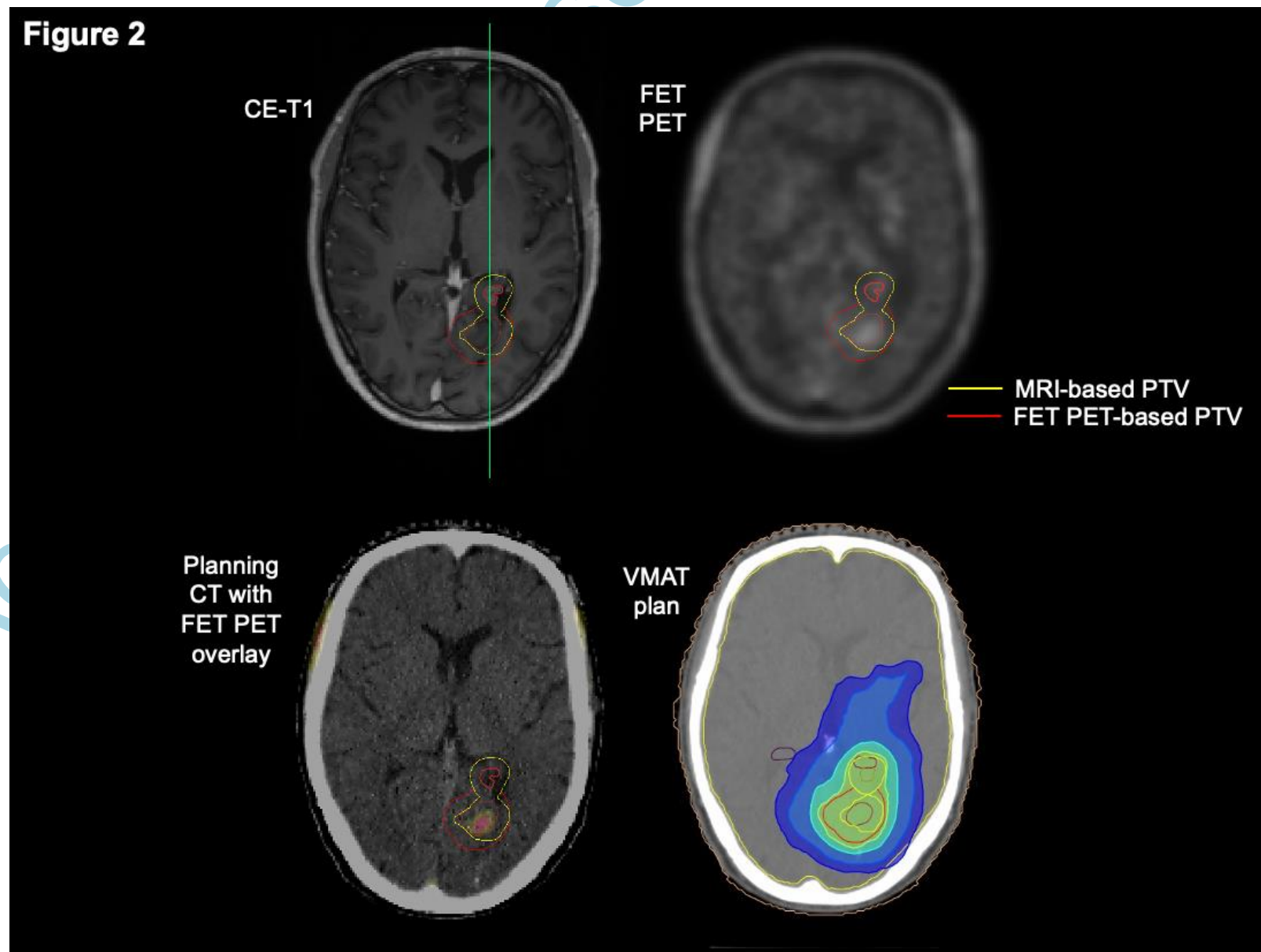


Figure 3

